# Barro's

#### **NUTRITIONAL GUIDE**

	6	TO THE									<del></del>			
	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol		Carbs		Protein		Contains Beef	Contains Pork	Contains Shellfish
Menu Item	(kcal)	(kcal)	Fat (g)	Fat (g)	Acid	(mg)	(mg)	(g)	(g)	(g)	Allergen Statement	Deel	TOIK	Sileilisii
Add Meatballs	320	230	25	9	0	60	890	7	1	18	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Dessert, Brownie Sundae	560	210	23	12	2 0	80	190	78	64	6	Contains Egg, Milk, Soy.	No	No	No
Dessert, Cinnamon Bread Sticks	250	50	6	1		0	230	47	14	5	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Dessert, Cinnamon Bread Sticks	1980	400	44	8	c	0	1840	376	115	43	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Dessert, Cookie Sundae	940	350	39	17	, ,	55	590	138	95	12	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Dressing Poppy Seed	360	250	27	4		0	640	22	20	0	Contains Egg, Milk, Soy, Tree Nuts.	No	No	No
Dressing, 1000 Island	380	310	35	6	6 0	15	700	14	9		Contains Egg, Soy.	No	No	No
Dressing, Balsamic Vinaigrette	170										Contains Soy.	No	No	No
Dressing, Blue Cheese	430						750	3			Contains Egg, Milk, Soy.	No	No	No
-	350						930					No	No	No
Dressing, Caesar											Contains Egg, Fish, Milk, Soy.	No	No	No
Dressing, Honey Mustard	130										Contains Egg, Milk.	No	No	No
Dressing, Italian	120			0				17			Contains Soy.			
Dressing, Ranch	290	290	32	4.5	C	30	780	3	3	3	Contains Egg, Milk, Soy.	No	No	No
Kids Drink, Apple Juice	100	0	0	0	0	0	10	24	23	0		No	No	No
Kids Meal, Chicken Strips	930	470	52	8	C	85	1980	71	7	38	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Kids Meal, French Bread Pizza	760	360	40	20	) C	100	3040	63	9	35	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Kids Meal, Spaghetti	450	70	8	0	0	0	720	82	15	14	Contains Wheat. May also contain Gluten.	No	No	No
Kids Meal, Spaghetti with Meatballs	610	180	20	4.5	c	30	1170	85	16	23	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pasta, Penne w Meatballs with White Garlic Bread	1620	540	60	13	c	60	2960	216	39	54	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pasta, Penne w Mozzarella Cheese & Meatballs with												Yes	Yes	No
White Garlic Bread Pasta, Penne w Mozzarella Cheese with White Garlic	1890	730	81	26	6 0	135	3570	218	40	72	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.			
Bread	1570	510	56	17	, .	75	2680	211	39	54	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Penne w/ Meatball , Small with White Garlic												Yes	Yes	No
Bread	1000	360	40	9	0	30	1790	128	20	31	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	163	163	NO
Pasta, Penne w/ Mozzarella Cheese & Meatball , Small with White Garlic Bread	1130	460	51	15		70	2100	129	21	40	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pasta, Penne w/ Mozzarella Cheese , Small with	1150		- 51	13		, ,,,	2100	123			contains 1567 milly 5077 medit may also contain oracem	Ne	Na	Ne
White Garlic Bread	970	350	38	11		40	1650	125	20	31	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Penne with White Garlic Bread	1300	320	35	4	C	0	2070	209	38	36	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Penne, Small with White Garlic Bread	840	250	28	4	C	0	1350	124	20	22	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Ravioli w Meatball, Small with White Garlic	200	200	40				2440					Yes	Yes	No
Bread	890	380					2110	97			Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pasta, Ravioli w Meatball, with White Garlic Bread Pasta, Ravioli w Mozzarella Cheese & Meatball, Small	1400	570	64	18	S C	95	3590	154	37	55	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	162	165	NO
with White Garlic Bread	1020	470	53	18		85	2410	98	20	41	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pasta, Ravioli w Mozzarella Cheese & Meatball, with												Yes	Yes	No
White Garlic Bread	1670	760	85	31		170	4200	157	38	73	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	103		
Pasta, Ravioli w Mozzarella Cheese, Small with White Garlic Bread	860	360	40	13		55	1970	95	19	32	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Ravioli w Mozzarella Cheese, with White Garlic		300	10	13		33	2570	33	13	52	-gg,, soj,cat. maj also contain diatem	No	No	No
Bread	1350	540	60	22	. c	110	3310	150	37	55	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	INO	INO	INO
Pasta, Ravioli with White Garlic Bread	1080			9 sed for gener							Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No

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		THE TOTAL OF												
	Calories	from Fat		Saturated	Trans Fatty	Cholesterol		Carbs		Protein		Contains Beef	Contains Pork	Contains Shellfish
Menu Item	(kcal)	(kcal)	Fat (g)		Acid	(mg)	(mg)	(g)	(g)	(g)	Allergen Statement			
Pasta, Ravioli, Small with White Garlic Bread Pasta, Spaghetti w Meatball, Small with White Garlic	730	270	30	7	0	20	1660	93	19	22	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Bread	980	360	40	9	0	30	1790	125	17	31	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
												Yes	Yes	No
Pasta, Spaghetti w Meatballs with White Garlic Bread Pasta, Spaghetti w Mozzarella Cheese & Meatball,	1590	540	60	13	0	60	2960	210	33	54	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.			+
Small with White Garlic Bread	1120	460	51	15	0	70	2100	126	18	40	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pasta, Spaghetti w Mozzarella Cheese & Meatballs												Yes	Yes	No
with White Garlic Bread	1860	730	81	26	0	135	3570	212	33	72	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	103	103	
Pasta, Spaghetti w Mozzarella Cheese with White Garlic Bread	1540	510	56	17	0	75	2680	205	32	54	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Spaghetti w Mozzarella Cheese, Small with	13.0	310	50			,,,	2000	203	- 52	3.	contains mini, soy, micati may also contain ciacem	N.a	Na	Ne
White Garlic Bread	960	350	38	11	0	40	1650	122	17	31	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Spaghetti with White Garlic Bread	1270	320	35	4	0	0	2070	203	32	36	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pasta, Spaghetti, Small with White Garlic Bread	820	250	28	4	0	0	1350	121	17	22	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Barro's Special, GF, Slice	180	90	9	4.5	0	30	650	17	2	8	Contains Milk.	Yes	Yes	No
Pizza, Barro's Special, Lg, Slice	310	110	12	7	0	40	810	37	2	15	Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Med, Slice	280	90	10	6	0	30	720	34	2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Mini, Slice	250	90		5	0				2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Sm, Slice	220	80	9	5	0	30	630	26	2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Thin, Lg, Slice	270	110		6	0				2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Thin, Med, Slice	240	90		5	0			26	2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Thin, Mini, Slice	220	90		5	0			23	2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Thin, Sm, Slice	190	80		4.5	0			20	2		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Thin, XL , Lunch Slice	450	180			0			47	4		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, Thin, XL , Slice	300	120		7	0			32	3		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, XL , Lunch Slice	520	180		11	0				4		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
•	340			7	0				3		Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Barro's Special, XL , Slice	180	70			0				5			No	No	No
Pizza, BBQ Chicken, GF, Slice											Contains Mills, Soy.	No	No	No
Pizza, BBQ Chicken, Lg, Slice	320	100		6	0			40	5		Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Med, Slice	280	80		5	0				5		Contains Milk, Soy, Wheat. May also contain Gluten.			
Pizza, BBQ Chicken, Mini, Slice	260	80	9	5	0	- 55		32	4	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Sm., Slice	220	70	7	4	0	30	460	28	4	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Thin, Lg, Slice	280	90	10	6	0	45	580	32	5	16	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Thin, Med, Slice	250	80	9	5	0	35	510	29	5	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Thin, Mini, Slice	220	80	9	5	0	35	440	25	3	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Thin, Sm., Slice	200	60	7	4	0	30	420	23	4	11	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Thin, XL, Lunch Slice	460	160	17	10	0	70	950	52	8	27	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, Thin, XL, Slice	310			6	0						Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BBQ Chicken, XL, Lunch Slice	530	160	18	10	0	70	1030	66	9	29	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### BARRO'S PIZZA

## **NUTRITIONAL GUIDE**

		TO THE PARTY OF TH			1_		,							
	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sodium	Carbs	Total	Protein		Contains	Contains	Contain
Menu Item	(kcal)	(kcal)	Fat (g)		Acid	(mg)	(mg)	(g)	(g)	(g)	Allergen Statement	Beef	Pork	Shellfish
Pizza, BBQ Chicken, XL, Slice	350	110	12	7	C	50	690	4	4	6 20	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Cheese, Mozzarella, GF, Slice	80	50	6	3.5		20	170		1	0 !	Contains Milk.	No	No	No
Pizza, BYO Cheese, Mozzarella, Lg, Slice	110	80	8	5		30	240		1	0	7 Contains Milk.	No	No	No
Pizza, BYO Cheese, Mozzarella, Med., Slice	90	60	7	4.5		25	200		1	0 (	Contains Milk.	No	No	No
Pizza, BYO Cheese, Mozzarella, Mini, Slice	90	60	7	4.5		25	200		1	0 (	Contains Milk.	No	No	No
Pizza, BYO Cheese, Mozzarella, Sm, Slice	80	50	6	3.5		20	170		1	0 !	Contains Milk.	No	No	No
Pizza, BYO Cheese, Mozzarella, XL, Slice	120	80	9	6		35	270		1	0 8	Contains Milk.	No	No	No
Pizza, BYO Vegan Cheese, GF, Slice	55	17	4	2		0	158		6	0 (		No	No	No
Pizza, BYO Vegan Cheese, Lg, Slice	66	40	4	2		0	190		7	0 (		No	No	No
Pizza, BYO Vegan Cheese, Med., Slice	62	37	4	2		0	178		6	0 (		No	No	No
Pizza, BYO Vegan Cheese, Mini, Slice	62	37	4	2		0	178		6	0 (		No	No	No
Pizza, BYO Vegan Cheese, Sm, Slice	55	33	4	2		0	158		6	0 (		No	No	No
Pizza, BYO Vegan Cheese, XL, Slice	69	42	. 5	2		0	197		7	0 (		No	No	No
Pizza, BYO Crust, GF, Slice	70	10	1.5	0	C	0	160	1	5	1 :	1	No	No	No
Pizza, BYO Crust, Lg, Slice	160	10	1	0	C	0	200	3	4	1 (	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Med., Slice	150	10	1	0	C	0	180	3	2	1 !	5 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Mini, Slice	130	10	1	0	C	0	160	2	8	1 !	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Sm, Slice	110	5	1	0	C	0	135	2	4	1 4	4 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Thin, XL, Slice	130	10	1	0	C	0	160	2	8	1 !	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, XL, Slice	180	10	1.5	0	C	0	220	3	8	1 (	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Thin, Lg, Slice	120	10	1	0	C	0	150	2	5	1 4	4 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Thin, Med, Slice	110	5	1	0	C	0	140	2	4	1 4	4 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Thin, Mini, Slice	100	5	0.5	0	C	0	125	2	1	0 4	4 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Crust, Thin, Sm, Slice	80	5	0.5	0	C	0	100	1	8	0 :	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Sauce, BBQ, GF, Slice	15	0	0	0	C	0	110		4			No	No	No
Pizza, BYO Sauce, BBQ, Lg, Slice	20	0	0	0	C	0	130		5 .	4 (		No	No	No
Pizza, BYO Sauce, BBQ, Med., Slice	20	0	0	0	C	0	120		5 4	4 (		No	No	No
Pizza, BYO Sauce, BBQ, Mini, Slice	10	0	0	0	C	0	80		3	3 (		No	No	No
Pizza, BYO Sauce, BBQ, Sm, Slice	15	0	0	0	C	0	110		4	4 (		No	No	No
Pizza, BYO Sauce, BBQ, XL, Slice	25	0	0	0	C	0	160		6	5 (		No	No	No
Pizza, BYO Sauce, Hot Wing, GF, Slice	10	10	1	0	C	0	170		0	0 (	Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Hot Wing, Lg, Slice	10	10	1	0	C	0	200		0	0 (	Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Hot Wing, Med., Slice	10	10	1	0	C	0	190		0	0 (	Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Hot Wing, Mini, Slice	5	5		0	C	0			0		Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Hot Wing, Sm, Slice	10	10		0	C	0	170		0	0 (	Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Hot Wing, XL, Slice	15	15	1.5	0	C	0	250		0	0 (	Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Pizza, GF, Slice	5	0	0	0	C	0	180		1	1 (	,	No	No	No

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		CONTRACTOR OF THE PARTY OF THE											
	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sodium	Carbs	Total Sugars	Protein	Contains	Contains	Contains
Menu Item	(kcal)	(kcal)	Fat (g)	Fat (g)	Acid	(mg)	(mg)	(g)	Sugars (g)	(g) Allergen Statement	Beef	Pork	Shellfish
Pizza, BYO Sauce, Pizza, Lg, Slice		5 0	0	) (	) (	) (	220	1	1		No	No	No
Pizza, BYO Sauce, Pizza, Med., Slice		5 0	0		) (	) (	210	1	1	0	No	No	No
Pizza, BYO Sauce, Pizza, Mini, Slice		5 0	0		) (	) (	140	1	. 0	0	No	No	No
Pizza, BYO Sauce, Pizza, Sm, Slice		5 0	0		) (	) (	180	1	1	0	No	No	No
Pizza, BYO Sauce, Pizza, XL, Slice		5 0	0		) (	) (	280	1	1	0	No	No	No
Pizza, BYO Sauce, Spicy BBQ, GF, Slice	1	.5 5	0		) (	) (	140	2	2	0 Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Spicy BBQ, Lg, Slice	1	.5 5	0.5		) (	) (	170	2	2		No	No	No
Pizza, BYO Sauce, Spicy BBQ, Med., Slice	1	.5 5	0.5		) (	) (	160	2	2	0 Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Spicy BBQ, Mini, Slice	1	.0 5	0		) (	) (	105	2	1	0 Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Spicy BBQ, Sm, Slice	1	.5 5	0		) (	) (	140	2	2	0 Contains Milk, Soy.	No	No	No
Pizza, BYO Sauce, Spicy BBQ, XL, Slice	2	.0 5	0.5		) (	) (	210	3	3		No	No	No
Pizza, BYO Sauce, Teriyaki, GF, Slice	3	0 15	1.5		) (	) (	105	4	. 3	0 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, BYO Sauce, Teriyaki, Lg, Slice	3	5 15			) (	) (	130	5	4		No	No	No
Pizza, BYO Sauce, Teriyaki, Med., Slice	3	5 15	1.5		) (	) (	120	4	3		No	No	No
Pizza, BYO Sauce, Teriyaki, Mini, Slice	2	.0 10	1		) (	) (	80	3	2		No	No	No
Pizza, BYO Sauce, Teriyaki, Small, Slice	3	15	1.5		) (	) (	105	4	. 3		No	No	No
Pizza, BYO Sauce, Teriyaki, XL, Slice	4	5 20	2		) (	) (	160	6	4		No	No	No
Pizza, BYO Topping, Anchovy, GF, Slice	1	.5 5	0.5		)		260	0	0	2 Contains Fish, Soy.	No	No	No
Pizza, BYO Topping, Anchovy, Lg, Slice	1	.5 5	0.5		)		260	0	0	2 Contains Fish, Soy.	No	No	No
Pizza, BYO Topping, Anchovy, Med., Slice	1	.5 5	0.5		)		260	0	0	2 Contains Fish, Soy.	No	No	No
Pizza, BYO Topping, Anchovy, Mini, Slice	1	.5 5	0.5		)		260	0	0	2 Contains Fish, Soy.	No	No	No
Pizza, BYO Topping, Anchovy, Sm, Slice	1	.5 5	0.5		)		260	0	0	2 Contains Fish, Soy.	No	No	No
Pizza, BYO Topping, Anchovy, XL, Slice	1	.5 5	0.5		)		260	0	0	2 Contains Fish, Soy.	No	No	No
Pizza, BYO Topping, Bacon, GF, Slice	4	15 25	3	1	L (	) 10	180	0	0	4	No	Yes	No
Pizza, BYO Topping, Bacon, Lg, Slice	5	50 35	3.5	1.5	5 (	15	210	0	0	4	No	Yes	No
Pizza, BYO Topping, Bacon, Med., Slice	5	30	3.5	1	. (	15	200	0	0	4	No	Yes	No
Pizza, BYO Topping, Bacon, Mini, Slice	3	30 20	2.5	1	. (	10	135	0	0	3	No	Yes	No
Pizza, BYO Topping, Bacon, Sm, Slice	4	5 25	3	1	. (	10	180	0	0	4	No	Yes	No
Pizza, BYO Topping, Bacon, XL, Slice	5	35	4	1.5	5 (	15	220	0	0	4	No	Yes	No
Pizza, BYO Topping, Black Olive, GF, Slice	2	10 15	1.5	c	) (	) (	70	0	0	0	No	No	No
Pizza, BYO Topping, Black Olive, Lg, Slice	2	.0 15	1.5	c	) (	) (	75	0	0	0	No	No	No
Pizza, BYO Topping, Black Olive, Med., Slice	1	.5 10	1.5	c	) (	) (	65	0	0	0	No	No	No
Pizza, BYO Topping, Black Olive, Mini, Slice	1	.5 10	1		) (	) (	55	0	0	0	No	No	No
Pizza, BYO Topping, Black Olive, Sm, Slice	2	.0 15	1.5		) (	) (	70	0	0	0	No	No	No
Pizza, BYO Topping, Black Olive, XL, Slice	2	10 15	2		) (	) (	90	0	0	0	No	No	No
Pizza, BYO Topping, Chicken, GF, Slice	2	.6 0	0	) (	) (	13	0	1	. 0	4	No	No	No
Pizza, BYO Topping, Chicken, Lg, Slice	2	.7 0	0		) (	14	0	1	. 0	4	No	No	No

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# BARRO'S

## **NUTRITIONAL GUIDE**

		OTTO THE			-	,							1	_
Menu Item	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated	Trans Fatty Acid	Cholesterol	Sodium	Carbs (g)	Total Sugars (g)	Protein (g)	Allergen Statement	Contains Beef	Contains Pork	Contains Shellfish
		(KCai)		rat (g) 0	ACIU	(mg)	(mg)				Allergen statement	No	No	No
Pizza, BYO Topping, Chicken, Med., Slice	24	0			0					1		No	No	No
Pizza, BYO Topping, Chicken, Mini, Slice	24	_					-					No	No	No
Pizza, BYO Topping, Chicken, Sm, Slice	26	0		0	0				0			No	No	No
Pizza, BYO Topping, Chicken, XL, Slice	26	0		0	0				0	1		No	No	No
Pizza, BYO Topping, Garlic, GF, Slice	0	0			0	`	1		0	_				
Pizza, BYO Topping, Garlic, Lg, Slice	0	0		_	0	-	_					No	No	No
Pizza, BYO Topping, Garlic, Med., Slice	0	0		0	0	,	_	_				No	No	No
Pizza, BYO Topping, Garlic, Mini, Slice	0	0			0	-			0			No	No	No
Pizza, BYO Topping, Garlic, Sm, Slice	0	0	0	0	0				0			No	No	No
Pizza, BYO Topping, Garlic, XL, Slice	0	0	0	0	0	(	0	1	0	0	)	No	No	No
Pizza, BYO Topping, Green Olive, GF, Slice	10	10	1	0	0	C	150	1	0	0		No	No	No
Pizza, BYO Topping, Green Olive, Lg, Slice	10	10	1	0	0	(	160	1	0	0	0	No	No	No
Pizza, BYO Topping, Green Olive, Med., Slice	10	5	1	0	0	(	140	1	0	0	)	No	No	No
Pizza, BYO Topping, Green Olive, Mini, Slice	10	5	0.5	0	0	C	115	C	0	0		No	No	No
Pizza, BYO Topping, Green Olive, Sm, Slice	10	10	1	0	0	C	150	1	0	0		No	No	No
Pizza, BYO Topping, Green Olive, XL, Slice	15	10	1	0	0	C	190	1	0	0		No	No	No
Pizza, BYO Topping, Green Pepper, GF, slice	0	0	0	0	0	(	0	0	0	0		No	No	No
Pizza, BYO Topping, Green Pepper, Lg, slice	0	0	0	0	0	(	0	0	0	0		No	No	No
Pizza, BYO Topping, Green Pepper, Med., slice	0	0	0	0	0	C	0	0	0	0		No	No	No
Pizza, BYO Topping, Green Pepper, Mini, slice	0	0	0	0	0	C	0	0	0	0		No	No	No
Pizza, BYO Topping, Green Pepper, Sm, slice	0	0	0	0	0	C	0	0	0	0		No	No	No
Pizza, BYO Topping, Green Pepper, XL, slice	0	0	0	0	0	C	0	1	0	0		No	No	No
Pizza, BYO Topping, Ham, GF, Slice	10	0	0	0	0	5	80	0	0	1		No	Yes	No
Pizza, BYO Topping, Ham, Lg, Slice	10	0	0	0	0		80	0	0	1		No	Yes	No
Pizza, BYO Topping, Ham, Med., Slice	10	0	0	0	0	5	80	0	0	1		No	Yes	No
Pizza, BYO Topping, Ham, Mini, Slice	5	0	0	0	0	5	60	0	0	1		No	Yes	No
Pizza, BYO Topping, Ham, Sm, Slice	10	0	0	0	0	5	80	0	0	1		No	Yes	No
Pizza, BYO Topping, Ham, XL, Slice	10	0	0	0	0	5	80	0	0	1		No	Yes	No
Pizza, BYO Topping, Jalapeno, GF, slice	5	5	0	0	0	(	115		0	0		No	No	No
Pizza, BYO Topping, Jalapeno, Lg, slice	5	5	0	0	0	(	135		0	0		No	No	No
Pizza, BYO Topping, Jalapeno, Med., slice	5	5	0	0	0	(			0	0		No	No	No
Pizza, BYO Topping, Jalapeno, Mini, slice	5	5			0				0	0		No	No	No
Pizza, BYO Topping, Jalapeno, Sm, slice	5	5		0	0				0			No	No	No
Pizza, BYO Topping, Jalapeno, XL, slice	5	5			0							No	No	No
Pizza, BYO Topping, Meatball, Lg, Slice	25	15			0	-					Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, BYO Topping, Meatball, Med., Slice	25	20		0.5	0						Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
, o . oppg,catban, wica, once	23	20	1.5	0.5	T		70	-	"		25 255) min, 351, micati may also contain didten.	Yes	Yes	No



	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sodium	Carbs	Total Sugars	Protein		Contains	Contains	Contain
Menu Item	(kcal)	(kcal)	Fat (g)		Acid	(mg)	(mg)	(g)	(g)	(g)	Allergen Statement	Beef	Pork	Shellfi
Pizza, BYO Topping, Meatball, Sm, Slice	25	20	2	1	C		5 75	1	. (	) 2	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, BYO Topping, Meatball, XL, Slice	25	20	2	1	C		5 75	1	. (	) 2	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, BYO Topping, Mushrooms, GF, slice	C	0	0	0	C	) (	0 0	C	) (	0		No	No	No
Pizza, BYO Topping, Mushrooms, Lg, slice	С	0	0	0	C	) (	0 0	C	) (	0		No	No	No
Pizza, BYO Topping, Mushrooms, Med., slice	C	0	0	0	C	)	0	c	) (	0		No	No	No
Pizza, BYO Topping, Mushrooms, Mini, slice	C	0	0	0	C	) (	0 0	C	) (	0		No	No	No
Pizza, BYO Topping, Mushrooms, Sm., slice	С	0	0	0	C	) (	0 0	C	) (	0		No	No	No
Pizza, BYO Topping, Mushrooms, XL, slice	5	5 0	0	0	C		0	c	) (	0		No	No	No
Pizza, BYO Topping, Onions, GF, slice	C	0	0	0	0	)	0 0	C	) (	0		No	No	No
Pizza, BYO Topping, Onions, Lg, slice	C	0	0	0	0	)	0 0	1	. (	0		No	No	No
Pizza, BYO Topping, Onions, Med., slice	С	0	0	0	C	) (	0 0	C	) (	0		No	No	No
Pizza, BYO Topping, Onions, Mini, slice	С	0	0	0	C		0 0	0	) (	0		No	No	No
Pizza, BYO Topping, Onions, Sm, slice	C	0	0	0	0	)	0 0	0	) (	0		No	No	No
Pizza, BYO Topping, Onions, XL, slice	5	5 0	0	0	C		0	1	. (	0		No	No	No
Pizza, BYO Topping, Pepperoncini, GF, slice	С	0	0	0	C		0 85	C	) (	0		No	No	No
Pizza, BYO Topping, Pepperoncini, Lg, slice	C	0	0	0	0	)	100	C	) (	0		No	No	No
Pizza, BYO Topping, Pepperoncini, Med., slice	С	0	0	0	C	(	0 85	C	) (	0		No	No	No
Pizza, BYO Topping, Pepperoncini, Mini, slice	c	0	0	0	C		85	c	) (	0		No	No	No
Pizza, BYO Topping, Pepperoncini, Sm, slice	С	0	0	0	C		0 85	C	) (	0		No	No	No
Pizza, BYO Topping, Pepperoncini, XL, slice	C	0	0	0	0	)	110	C	) (	0		No	No	No
Pizza, BYO Topping, Pepperoni, GF, slice	30	25	3	1	C		5 120	C	) (	) 1		Yes	Yes	No
Pizza, BYO Topping, Pepperoni, Lg, slice	40	35	3.5	1.5	C	10	150	0	) (	) 2		Yes	Yes	No
Pizza, BYO Topping, Pepperoni, Med., slice	35	30	3.5	1.5	C	10	135	C	) (	) 2		Yes	Yes	No
Pizza, BYO Topping, Pepperoni, Mini, slice	30	25	3	1	C		5 120	C	) (	) 1		Yes	Yes	No
Pizza, BYO Topping, Pepperoni, Sm, slice	30	25	3	1	C		5 120	C	) (	) 1		Yes	Yes	No
Pizza, BYO Topping, Pepperoni, XL, slice	45	35	4	1.5	C	10	170	c	) (	) 2		Yes	Yes	No
Pizza, BYO Topping, Pineapple, GF, Slice	5	6 0	0	0	C	)	0	2	2 1	ι ο		No	No	No
Pizza, BYO Topping, Pineapple, Lg, Slice	5	6 0	0	0	C	) (	0 0	2	2	2 0		No	No	No
Pizza, BYO Topping, Pineapple, Med., Slice	5	6 0	0	0	C	) (	0 0	1	. 1	ι ο		No	No	No
Pizza, BYO Topping, Pineapple, Mini, Slice	5	5 0	0	0	C		0	1	. 1	ι ο		No	No	No
Pizza, BYO Topping, Pineapple, Sm, Slice	5	5 0	0	0	C	)	0 0	2	2 1	ι ο		No	No	No
Pizza, BYO Topping, Pineapple, XL, Slice	10	0	0	0	C	) (	0 0	2	2 2	2 0		No	No	No
Pizza, BYO Topping, Ricotta, GF, Slice	35	5 20	2.5	1.5	C	10	0 20	1	1 1	2	Contains Milk.	No	No	No
Pizza, BYO Topping, Ricotta, Lg, Slice	35	5 25	2.5	1.5	C	15	5 20	1	1 1	1 2	Contains Milk.	No	No	No
Pizza, BYO Topping, Ricotta, Med., Slice	30	20	2.5	1.5	C	10	0 20	1	1 1	1 2	Contains Milk.	No	No	No
Pizza, BYO Topping, Ricotta, Mini, Slice	30	20	2.5	1.5	C	10	20	1	1	1 2	Contains Milk.	No	No	No
Pizza, BYO Topping, Ricotta, Sm, Slice	35	20	2.5	1.5	C	10	0 20	1	1	1 2	Contains Milk.	No	No	No



	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sodium	Carbs	Total Sugars	Protein		Contains	Contains	Contain
Menu Item	(kcal)	(kcal)	Fat (g)		Acid	(mg)	(mg)	(g)	(g)	(g)	Allergen Statement	Beef	Pork	Shellfis
Pizza, BYO Topping, Ricotta, XL, Slice	35	20	2.5	1.5	C	10	20	1	. 1	. 2	Contains Milk.	No	No	No
Pizza, BYO Topping, Salami, GF, Slice	20	15	2	0.5		5	95	C	0	) 1		Yes	Yes	No
Pizza, BYO Topping, Salami, Lg, Slice	25	20	2	1		5	115	C	0	) 1		Yes	Yes	No
Pizza, BYO Topping, Salami, Med., Slice	20	15	2	0.5		5	95	c	0	1		Yes	Yes	No
Pizza, BYO Topping, Salami, Mini, Slice	20	15	2	0.5		5	95	C	0	1		Yes	Yes	No
Pizza, BYO Topping, Salami, Sm, Slice	20	15	2	0.5		5	95	C	0	) 1		Yes	Yes	No
Pizza, BYO Topping, Salami, XL, Slice	30	20	2.5	1		5	125	C	0	) 2	2	Yes	Yes	No
Pizza, BYO Topping, Sausage, GF, Slice	50	40	4.5	1.5	C	10	160	C	0	3	3	No	Yes	No
Pizza, BYO Topping, Sausage, Lg, Slice	60	40	4.5	1.5	C	10	160	C	0	3	3	No	Yes	No
Pizza, BYO Topping, Sausage, Med., Slice	50	35	4	1.5	C	10	150	C	0	3	3	No	Yes	No
Pizza, BYO Topping, Sausage, Mini, Slice	50	35	4	1.5	C	10	150	C	0	3	3	No	Yes	No
Pizza, BYO Topping, Sausage, Sm, Slice	50	40	4.5	1.5	C	10	160	C	0	3	3	No	Yes	No
Pizza, BYO Topping, Sausage, XL, Slice	50	40	4.5	1.5	C	10	160	C	0	3	3	No	Yes	No
Pizza, BYO Topping, Tomato, GF, slice	0	0	0	0	c	0	0	c	0	0		No	No	No
Pizza, BYO Topping, Tomato, Lg, slice	0	0	0	0	C	0	0	1		0		No	No	No
Pizza, BYO Topping, Tomato, Med., slice	0	0	0	0	c	0	0	c	0	0		No	No	No
Pizza, BYO Topping, Tomato, Mini, slice	0	0	0	0	C	0	0	C	0	0		No	No	No
Pizza, BYO Topping, Tomato, Sm, slice	0	0	0	0	C	0	0	C	0	0		No	No	No
Pizza, BYO Topping, Tomato, XL, slice	5	0	0	0	C	0	0	1		0		No	No	No
Pizza, Chicken Supreme, GF , Slice	170	70	8	4	C	30	550	17	2	10	Contains Milk, Soy.	No	No	No
Pizza, Chicken Supreme, Lg , Slice	310	100	11	6	C	45	720	37	2	18	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Med. , Slice	270	80	9	5	c	35	640	35	2	16	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Mini , Slice	250	80	9	5	C	35	540	31	. 2	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Sm , Slice	210	70	7	4	C	30	530	26	5 2	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Thin, Lg , Slice	270	90	11	6	c	45	670	29	2	17	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Thin, Med. , Slice	240	80	9	5	c	35	600	27	2	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Thin, Mini , Slice	220	80	9	5	C	35	500	24	2	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Thin, Sm , Slice	190	60	7	4	c	30	500	20	2	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Thin, XL , Lunch Slice	450	160	18	10	c	70	1160	48	4	28	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, Thin, XL , Slice	300	110	12	7	C	50	780	32	. 2	19	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, XL , Lunch Slice	510	160	18	10	C	70	1250	62	. 4	30	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Chicken Supreme, XL , Slice	340	110	12	7	C	50	830	41	. 3	20	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, GF, Slice	180	80	9	4	C	30	540	15	1	. 9	Contains Milk, Soy.	No	No	No
Pizza, Hot Wing, Lg, Slice	310	110	12	6	C	45	700	35	1	18	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Med, Slice	280	90	10	5	С	35	630	33	1		Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Mini, Slice	250	90	10	5	C	35	530	29	1	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Sm., Slice	220	80	8	4	C	30	520	24	. 1	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No



		THE TRUE									T			
Menu Item	Calories (kcal)	Calories from Fat (kcal)			Trans Fatty Acid	Cholesterol	Sodium	Carbs	Total Sugars	Protein (g)	Allerson Statement	Contains Beef	Contains Pork	Contain: Shellfish
	(KCaI) 270		Fat (g) 12	Fat (g) 6	ACIG	(mg)	(mg) 650	(g) 27	(g)		Allergen Statement	No	No	No
Pizza, Hot Wing, Thin, Lg, Slice	240			5	0						Contains Milk, Soy, Wheat. May also contain Gluten.  Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Thin, Med, Slice				5	0							No	No	No
Pizza, Hot Wing, Thin, Mini, Slice	220										Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Thin, Sm., Slice	190			4	0			18			Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Thin, XL, Lunch Slice	450			10							Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, Thin, XL, Slice	300			6	0						Contains Milk, Soy, Wheat. May also contain Gluten.		-	
Pizza, Hot Wing, XL, Lunch Slice	520			10	0			58			Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Hot Wing, XL, Slice	340			7	0	-					Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Lg , Slice	340			6	0						Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Med. , Slice	300	100	11	5	0	35	560	39	6	15	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Mini , Slice	270	90	10	5	0	35	480	34	. 4	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Sm , Slice	250	90	10	5	0	35	460	29	4	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Thin, Lg , Slice	300	110	12	6	0	45	580	33	6	16	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Thin, Med. , Slice	270	90	11	5	0	35	510	31	. 5	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Thin, Mini , Slice	240	90	10	5	0	35	440	26	4	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Thin, Sm , Slice	230	90	10	5	0	35	420	23	4	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Thin, XL , Lunch Slice	500	180	20	10	0	70	950	54	10	27	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, Thin, XL , Slice	330	120	14	7	0	50	630	36	6	18	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, XL , Lunch Slice	570	190	21	10	0	70	1030	69	10	29	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Kona, XL , Slice	380	120	14	7	0	50	690	46	5 7	20	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Mega Meat, GF, Slice	240	120	14	6	0	40	860	16	5 2	. 12	Contains Milk.	Yes	Yes	No
Pizza, Mega Meat, Lg, Slice	380	160	18	9	0	55	1080	36	5 2	20	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Med., Slice	350	150	16	8	0	50	990	34	. 2		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Mini, Slice	330	140	16	7	0	50	880	30	) 2		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Sm, Slice	290	130	14	7	0	45	880	26	5 2	16	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Thin, Lg, Slice	340	160	18	9	0	55	1030	28	3 2	19	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Thin, Med., Slice	310	140	16	8	0	50	940	26	5 2		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Thin, Mini, Slice	290			7	0	50	840	23	1		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Thin, Sm, Slice	260	130	14	7	0	45	850	20	) 1		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Thin, XL, Lunch Slice	580	270	30	15	0	95	1770	47	. 3		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, Thin, XL, Slice	380			10	0			1			Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, XL, Lunch Slice	640		31	15	0			61			Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Mega Meat, XL, Slice	430			10	0			41			Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Pizza, Spicy Southwestern Chicken, GF, Slice	180			4	0						Contains Milk, Soy.	No	No	No
Pizza, Spicy Southwestern Chicken, Lg, Slice	310			6	0						Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
,,	280			5	0						Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, Med, Slice														

#### BARRO'S PIZZA

## **NUTRITIONAL GUIDE**

	alories	Calories from Fat (kcal)  100  80  80  70  170	11 9 9	Fat (g) 6	0	Cholesterol (mg) 45		Carbs (g)	Total Sugars (g)	Protei (g)		Allergen Statement	Contains Beef	Contains Pork	Contains Shellfish
Menu Item (kc Pizza, Spicy Southwestern Chicken, Thin, Lg, Slice Pizza, Spicy Southwestern Chicken, Thin, Med, Slice Pizza, Spicy Southwestern Chicken, Thin, Mini, Slice Pizza, Spicy Southwestern Chicken, Thin, Sm., Slice Pizza, Spicy Southwestern Chicken, Thin, XL, Lunch Slice	270 240 220 190 460 300	100 80 80 70	11 9 9	Fat (g) 6	<b>Acid</b> 0	(mg)	(mg) 620	(g)	(g)			Allergen Statement	Beef	Pork	Shellfish
Pizza, Spicy Southwestern Chicken, Thin, Med, Slice Pizza, Spicy Southwestern Chicken, Thin, Mini, Slice Pizza, Spicy Southwestern Chicken, Thin, Sm., Slice Pizza, Spicy Southwestern Chicken, Thin, XL, Lunch Slice	240 220 190 460 300	80 80 70	9	5	0			29				, mergen statement			
Pizza, Spicy Southwestern Chicken, Thin, Mini, Slice Pizza, Spicy Southwestern Chicken, Thin, Sm., Slice Pizza, Spicy Southwestern Chicken, Thin, XL, Lunch Slice	220 190 460 300	80 70	9	5		35	550		,	3	16	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, Thin, Sm., Slice Pizza, Spicy Southwestern Chicken, Thin, XL, Lunch Slice	190 460 300	70		_	0		330	27	7	3	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, Thin, XL, Lunch Slice	460 300		8			35	460	24	1	2	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Slice	300	170		4	. 0	30	450	20	)	2	11	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, Thin, XL, Slice			18	10	0	70	1010	48	3	5	27	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
	520	110	12	6	0	50	670	32	2	3	18	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, XL, Lunch Slice	320	170	19	10	0	70	1090	62	2	5	29	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, XL, Slice	350	110	13	7	0	50	730	41	L	3	20	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, GF, Slice	160	70	8	3.5	0	20	620	18	3	3	7	Contains Milk.	No	No	No
Pizza, Veggie Special, Lg, Slice	290	90	10	6	0	30	780	38	3	3	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Med., Slice	260	80	9	4.5	0	25	710	35	5	2	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Mini., Slice	240	80	8	4.5	0	25	590	31	L	2	11	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Sm., Slice	200	70	7	4	. 0	20	610	27	7	2	10	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Thin, Lg, Slice	250	90	10	5	0	30	730	29	9	2	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Thin, Med., Slice	220	80	9	4.5	0	25	660	27	7	2	11	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Thin, Mini., Slice	210	70	8	4.5	0	25	550	24	1	2	10	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Thin, Sm., Slice	180	60	7	4	. 0	20	570	21	L	2	9	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Thin, XL, Lunch Slice	410	150	16	9	0	50	1240	49	9	4	20	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, Thin, XL, Slice	270	100	11	6	0	35	830	32	2	3	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, XL, Lunch Slice	480	150	17	9	0	50	1320	63	3	5	23	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Veggie Special, XL, Slice	320	100	11	6	0	35	880	42	2	3	15	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, GF, Slice	200	100	12	6	0	35	380	17	7	3	8	Contains Milk, Soy.	No	No	No
Pizza, White, Lg, Slice	330	130	15	8	0	40	520	37	7	3	15	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Med., Slice	290	110	12	6	0	35	440	34	ı	2	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Mini, Slice	270	110	12	6	0	35	410	31	L	2	13	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Sm., Slice	230	90	11	5	0	30	360	26	5	2	11	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Thin, Lg, Slice	290	130	15	7	0	40	470	29	9	2	14	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Thin, Med., Slice	250	100	12	6	0	35	390	26	5	2	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Thin, Mini, Slice	240	100	12	6	0	35	370	24	1	2	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Thin, Sm., Slice	210	90	10	5	0	30	330	20	)	2	10	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Thin, XL, Lunch Slice	500	220	25	13	0	70	790	48	3	4	24	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, Thin, XL, Slice	330	150	17	8	0	45	530	32	2	3	16	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, XL, Lunch Slice	560	230	25	13	0	70	880	62	2	4	26	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, White, XL, Slice	370	150	17	8	0	45	580	42	2	3	17	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Spicy Southwestern Chicken, Sm., Slice	220	70	8	4	. 0	30	490	26	5	3	12	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Rub, Chipotle Raspberry	23	1	0	0	0	0	650	5.4	1	4	0	Contains Soy.	No	No	No
Rub, Lemon Pepper	0	0	0	0	0	0	180	0	)	0	0		No	No	No

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



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	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sodium		otal Igars	Protein		Contains	Contains	Contains
Menu Item	(kcal)		Fat (g)	Fat (g)	Acid	(mg)	(mg)	(g) (g	-	(g)	Allergen Statement	Beef	Pork	Shellfish
Rub, Salt and Vinegar	29		2		(	0 (	1048	3.5	0	) (		No	No	No
Salad Bar Dressing, 1000 Island, 1 Fl. Oz.	130	110	12	2	(	0 5	240	5	3	3 0	Contains Egg, Soy.	No	No	No
Salad Bar Dressing, Balsamic Vinaigrette, 1 Fl. Oz.	60	45	5	0	(	0 (	190	4	4	, ,	Contains Soy.	No	No	No
Salad Bar Dressing, Blue Cheese, 1 Fl. Oz.	150	140	16	2	(	0 10	260	1	1	. 1	Contains Egg, Milk, Soy.	No	No	No
Salad Bar Dressing, Caesar, 1 Fl. Oz.	120	120	13	2	(	0 10	320	1	0	) 1	Contains Egg, Fish, Milk, Soy.	No	No	No
Salad Bar Dressing, Honey Mustard, 1 Fl. Oz.	45	0	0	0	(	0 (	280	9	5	5 1	Contains Egg, Milk.	No	No	No
Salad Bar Dressing, Italian, 1 Fl. Oz.	40	20	2	0	(	0 (	430	6	2	. c	Contains Soy.	No	No	No
Salad Bar Dressing, Ranch, 1 Fl. Oz.	100	100	11	1.5	(	0 10	270	1	1	. 1	Contains Egg, Milk, Soy.	No	No	No
Salad Bar, Bacon Topping, 1 oz. wt.	130	80	9	3.5	(	0 35	540	0	0	11	1	No	Yes	No
Salad Bar, Black Olives, 1 oz. wt.	50	40	4.5	0	(	0 (	210	1	0	) (		No	No	No
Salad Bar, Broccoli Florets, 1 oz. wt.	10	0	0	0	(	0 (	) 10	1	0	) 1	ı	No	No	No
Salad Bar, Carrots, 1 oz. wt.	10	0	0	0	(	0 (	) 20	3	1			No	No	No
Salad Bar, Cottage Cheese, 1 oz. wt.	25	5	0.5	0	(	0 5	5 8!	5 1	1	. 3	Contains Milk. May also contain Corn.	No	No	No
Salad Bar, Croutons, 1 oz. wt.	120	35	4	0	(	0 (	200	20	0	) 4	Contains Milk, Wheat. May also contain Gluten.	No	No	No
Salad Bar, Cucumber, 1 oz. wt.	5	0	0	0	(	0 (	) (	1	0	) (		No	No	No
Salad Bar, Green Peppers, 1 oz. wt.	5	0	0	0	(	0 (	) (	1	1			No	No	No
Salad Bar, Iceberg Lettuce, 1 oz. wt.	5	0	0	0	(	0 (	) (	1	1			No	No	No
Salad Bar, Lemon, 1 oz. wt.	5	0	0	0	(	0 (	) (	1	0	) (		No	No	No
Salad Bar, Mozzarella Cheese, 1 oz. wt.	90	60	7	4.5		25	200	1	0	) 6	Contains Milk.	No	No	No
Salad Bar, Mushrooms, 1 oz. wt.	5	0	0	0	(	0 (	) (	1	1	. 1	ı	No	No	No
Salad Bar, Pepperoni, 1 oz. wt.	140	120	13	5	(	0 30	550	0	0	) 6	5	Yes	Yes	No
Salad Bar, Pineapple, 1 oz. wt.	15	0	0	0	(	0 (	) (	4	3	3 0		No	No	No
Salad Bar, Tomato, 1 oz. wt.	5	0	0	0	(	0 (	) (	1	1			No	No	No
Salad Bar, Yellow Onion, 1 oz. wt.	10	0	0	0	(	0 (	) (	3	1			No	No	No
Salad, Antipasto, Large	1010	650	72	29	(	0 235	4850	23	12	. 64	Contains Milk.	Yes	Yes	No
Salad, Antipasto, Small	510	340	37	15	(	0 120	2480	11	6	32	Contains Milk.	Yes	Yes	No
Salad, Caesar with Caesar Dressing, Large	740	520	58	16	(	0 70	2110	33	3	31	Contains Egg, Fish, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Salad, Caesar with Chicken & Caesar Dressing, Large	910	550	61	17	(	0 150	2540	34	3	62	2 Contains Egg, Fish, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Salad, Cranberry Apple Walnut w Poppyseed Dressing	880	420	47	13	(	0 50	1330	98	72	17	Contains Egg, Milk, Soy, Tree Nuts.	No	No	No
Salad, Garden, Large	540	290	33	18	(	0 100	1040	35	9	32	Contains Milk, Wheat. May also contain Gluten.	No	No	No
Salad, Garden, Small	330	170	18	9	(	0 50	620	28	4	18	Contains Milk, Wheat. May also contain Gluten.	No	No	No
Salad, Sicilian, Large	990	650	72	29	(	0 235	4840	20	9	63	Contains Milk.	Yes	Yes	No
Salad, Simple Small	80	17.5	2	0	(	0 (	100	14	4	2	Contains Milk, Wheat. May also contain Gluten.	No	No	No
Salad, Southwest BBQ Chicken w Ranch Dressing	930	550	61	15	0.5	5 145	2160	57	19	42	Contains Egg, Milk, Soy.	No	No	No
Salad, Veggie, Large	270	100	11	0	(	0 (	550	37	9	9	Contains Milk, Wheat. May also contain Gluten.	No	No	No
Salad, Veggie, Small	150		7	-		-			4		Contains Milk, Wheat. May also contain Gluten.	No	No	No

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sor	dium	Tot Carbs Sug		Protein		Contains	Contains	Contains
Menu Item	(kcal)		Fat (g)	Fat (g)	Acid	(mg)	(m		(g) (g)	uis	(g)	Allergen Statement	Beef	Pork	Shellfish
Sauce, BBQ	140	0	0	0	C	)	0	940	36	31			No	No	No
Sauce, Fire	90	60	7	0	C	)	0	2000	0	0		Contains Milk, Soy.	No	No	No
Sauce, Garlic Parmesan	230	210	23	3	C	)	0	1330	6	0		Contains Milk, Soy.	No	No	No
Sauce, Honey BBQ	170	0	0	0	C	)	0	1130	35	35			No	No	No
Sauce, Honey Hot	170	0	0	0	C	)	0	780	52	17			No	No	No
Sauce, Hot	90		9	0	C	)	0	1480	0	0		Contains Milk, Soy.	No	No	No
Sauce, Mango Habanero	130	0	0	0	C	)	0	490	32	23	C		No	No	No
Sauce, Marinara	70	25	3	0	C		0	350	9	7	1	1	No	No	No
Sauce, Medium	90	80	9	0	C	)	0	1480	0	0		Contains Milk, Soy.	No	No	No
Sauce, Mild	170	160	17	0	C	)	0	1740	0	0		Contains Milk, Soy.	No	No	No
Sauce, Pizza	35	0	0	0	C	)	0	1610	8	6	5 2	2	No	No	No
Sauce, Spicy BBQ	120	40	4.5	0	C		0	1210	18	16	i c	Contains Milk, Soy.	No	No	No
Sauce, Sweet Red Chili	230	15	1.5	0	C		0	1130	58	49	C	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Sauce, Teriyaki	260	120	13	1.5	C		0	930	35	26	i (	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Side, 3 Meatballs with Sauce	37.5	30	3	1.5	C	7.	5	112.5	1.5	0	3	3	Yes	Yes	No
Side, Bread Sticks with Cheese, no sauce	240	80	9	3.5	C	1	5	340	33	1	. 9	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, no sauce	1910	660	73	27	C	10	5	2740	261	7	70	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, w/ Marinara Sauce	250	90	10	3.5	C	1	5	390	34	2	. 9	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, w/ Marinara Sauce	1970	680	76	27	C	10	5	3080	270	15	72	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, w/ Pizza Sauce	240	80	9	3.5	C	1	5	540	34	2	. 9	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, w/ Pizza Sauce	1950	660	73	27	C	10	5	4340	269	13	72	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, w/ Ranch	270	120	13	4	C	1	5	440	33	1	. 9	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks with Cheese, w/ Ranch	2200	940	105	31	C	13.	5	3520	264	10	73	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, no sauce	190	50	6	1	C		0	240	32	1	. 6	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, no sauce	1550	410	45	9	C	)	5	1930	258	6	46	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, w/ Marinara Sauce	200	50	6	1	C		0	280	33	2	. 6	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, w/ Marinara Sauce	1610	430	48	9	C	)	5	2280	267	13	47	7 Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, w/ Pizza Sauce	200	50	6	1	C	)	0	440	33	1	. 6	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, w/ Pizza Sauce	1590	410	45	9	C	)	5	3540	266	12	48	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, w/ Ranch	230	90	10	1.5	C	)	5	340	33	1	. 6	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Bread Sticks, w/ Ranch	1840	690	77	13	C	3.	5	2710	261	9	49	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Chips	160	90	10	1.5	C	)	0	170	15	1	. 2	2	No	No	No
Side, Garlic Bread, Wheat	380	190	21	4.5	C		0	610	39	3	9	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Garlic Bread, Wheat with Cheese	520	280	31	11	C	4	0	910	41	4	18	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Garlic Bread, White	380	180	20	4	C		0	630	40	2	. 8	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Garlic Bread, White with Cheese	510	280	31	11	C	4	0	930	41	2	17	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Large, No Sauce	1170		66				-	3360	96	6		Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
	2000	) calories a d	lay is u	sed for gener	al nutrit	tion advice, bu	ıt cal	orie ne	eds va <mark>ry. Ad</mark>	ditio	nal nutrit	ion information available upon request.	·	-	



Menu Item	Calories	Calories			Trans			Tot	aı					
Menu Item		from Fat		Saturated	Fatty	Cholesterol	Sodium	Carbs Sug	gars	Protein		Contains	Contains	Contains
	(kcal)		Fat (g)		Acid	(mg)	(mg)	(g) (g)	-	(g)	Allergen Statement	Beef	Pork	Shellfish
Side, Mozzarella Sticks, Large, w/ Marinara Sauce	1300	650	72	23	0	120	4050	113	21	. 39	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Large, w/ Pizza Sauce	1250	590	66	23	0	120	6570	111	17	40	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Large, w/ Ranch	1750	1170	130	32	0	180	4930	102	12	42	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Small, No Sauce	590	300	33	12	0	60	1680	48	3	18	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Small, w/ Marinara Sauce	650	320	36	12	0	60	2030	57	10	19	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Small, w/ Pizza Sauce	620	300	33	12	0	60	3290	56	9	20	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Mozzarella Sticks, Small, w/ Ranch	880	580	65	16	0	90	2460	51	6	21	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Side, Pizza Bread	590	270	30	18	0	100	2860	48	8	33	Contains Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Sub, Club on Wheat, Large	880	310	34	14	0.5	145	2980	87	14	57	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Club on Wheat, Small	440	150	17	7	0	70	1490	43	7	28	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Club on White, Large	870	300	33	13	0	145	3010	87	10	55	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Club on White, Small	440	150	16	7	0	70	1510	43	5	28	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Ham on Wheat, Large	890	350	38	16	0.5	150	3880	87	13	53	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	Yes	No
Sub, Ham on Wheat, Small	450	170	19	8	0	75	1940	43	7	26	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	Yes	No
Sub, Ham on White, Large	890	340	37	15	0	150	3920	87	10	52	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	Yes	No
Sub, Ham on White, Small	440	170	19	8	0	75	1960	43	5	26	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	Yes	No
Sub, Italian on Wheat, Large	1110	470	52	21	0.5	170	4800	102	18	60	Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Italian on Wheat, Small	610	260	29	11	0	85	3020	60	12	30	Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Italian on White, Large	1100	460	51	21	0	170	4840	102	15	5 58	Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Italian on White, Small	610	260	29	10	0	85	3040	60	11	. 29	Contains Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Meatball on Wheat, Large	980	400	44	19	0.5	110	5380	99	19	48	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Meatball on Wheat, Small	490	200	22	10	0	55	2690	50	9	24	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Meatball on White, Large	970	390	43	19	0	110	5410	99	16	47	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Meatball on White, Small	480	190	21	9	0	55	2710	50	8	23	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	Yes	No
Sub, Roast Beef on Wheat, Large	900	330	37	15	0.5	150	2730	83	11	. 58	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	No	No
Sub, Roast Beef on Wheat, Small	450	170	19	7	0	75	1370	42	5	29	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	No	No
Sub, Roast Beef on White, Large	890	320	36	14	0	150	2770	83	7	57	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	No	No
Sub, Roast Beef on White, Small	450	160	18	7	0	75	1380	42	4	28	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	Yes	No	No
Sub, Turkey on Wheat, Large	870	280	31	12	0.5	130	2940	90	17	57	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Sub, Turkey on Wheat, Small	430	140	15	6	0	65	1470	45	8	28	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Sub, Turkey on White, Large	860	270	30	11	0	130	2980	90	13	55	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Sub, Turkey on White, Small	430	130	15	6	0	65	1490	45	7	28	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Wings, Boneless, 12	1190	750	83	12	0	135	2650	60	5	52	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Wings, Boneless, 12	890	460	51	8	0	105	1820	55	1	. 49	Contains Egg, Soy, Wheat. May also contain Gluten.	No	No	No
Wings, Boneless, 24	2380	1500	166	24	0.5	265	5290	120	10	104	Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No
Wings, Boneless, 24	1790	920	102	15	0.5	210	3640	111	2	97	Contains Egg, Soy, Wheat. May also contain Gluten.	No	No	No
Wings, Boneless, 6	750	520	58	8	0				4		Contains Egg, Milk, Soy, Wheat. May also contain Gluten.	No	No	No



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	0.1	Calories		C-11	Trans	Chalantanal	C - d'	C. d.	Total	B 1		Contains	Contains	Contains
Menu Item	Calories (kcal)	from Fat (kcal)	Fat (g)	Saturated Fat (g)	Fatty Acid	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Sugars (g)	Protein (g)	Allergen Statement	Beef	Pork	Shellfish
Wings, Boneless, 6	450									24	4 Contains Egg, Soy, Wheat. May also contain Gluten.	No	No	No
Wings, Traditional, 12	1130		95		C			5			2 Contains Egg, Milk, Soy.	No	No	No
Wings, Traditional, 12	830							0			Contains Soy.	No	No	No
Wings, Traditional, 24	2250							9			4 Contains Egg, Milk, Soy.	No	No	No
Wings, Traditional, 24	1650							0			8 Contains Soy.	No	No	No
Wings, Traditional, 6	710							5			3 Contains Egg, Milk, Soy.	No	No	No
Wings, Traditional, 6	410		31					0			Contains Soy.	No	No	No
Pizza Cheese, GF Whole	930							102			5 Contains Milk.	No	No	No
Pizza Pepperoni, GF Whole	1110							102			2 Contains Milk.	Yes	Yes	No
Pizza, Cheese, GF, Slice	155							17			5 Contains Milk.	No	No	No
Pizza, Cheese, Lg, Slice	275			5				36			3 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Lg, Thin Crust, Slice	235			5				27			1 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Lg, Thin Crust, Whole	2350			50				270			Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Lg, Whole	2750							360			Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Vegan Cheese, GF, Whole	2580		90					270				No	No	No
Pizza, Vegan Cheese, Lg, Whole	8900							550			Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, Med., Whole	3600			32				224			2 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, Mini, Whole	6600			128				0			2 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, Sm., Whole	6660							612			2 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, XL, Whole	28200			600				3240			Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, GF Slice	130	27	5.5	2		0 0	498	22	2	:	1	No	No	No
Pizza, Vegan Cheese, Lg, Slice	231	50	5	2	C	) (	610	42	2	(	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, Med., Slice	217	47	5	2	C	) (	568	39	2	ŗ	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, Mini, Slice	197	47	5	2		0 0	478	35	1		Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, Sm., Slice	170	38	5	2		0 0	473	31	2		4 Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Vegan Cheese, XL, Slice	254	52	6.5	2		0 0	697	46	2	(	Contains Soy, Wheat. May also contain Gluten.	No	No	No
Pizza, Cheese, Lunch Slice	457.5	135	15.75	9	C	52.5	1155	60	3	2:	1 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Med, Slice	245	70	8	4.5	C	25	590	34	2	1:	1 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Med, Thin Crust, Slice	205	65	8	4.5	C	25	550	26	2	10	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Med, Thin Crust, Whole	1640	520	64	36	C	200	4400	208	16	80	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Med, Whole	1960	560	64	36	C	200	4720	272	16	88	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Mini, Slice	225	70	8	4.5	C	25	500	30	1	1:	1 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Mini, Thin Crust, Slice	195	65	7.5	4.5	C	25	465	23	0	10	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, mini, Thin Crust, Whole	1560	520	60	36	C			184	0		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Mini, Whole	900	280	32	18	C	100	2000	120	4		4 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Sm Thin Crust, Whole	990	330	39	21	C	120	2700	120	6	48	8 Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, cheese, Sm, Slice	195	5 55	7	3.5	C	20	485	26	2	9	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No

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	V	O TOTAL OF THE PARTY OF THE PAR												
	Calarias	Calories		Catumatad	Trans	Chalastanal	Cadima	Carrha	Total	Duatain		Contains	Contains	Contains
Menu Item	Calories (kcal)	from Fat (kcal)	Fat (g)	Saturated Fat (g)	Fatty Acid	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Sugars (g)	Protein (g)	Allergen Statement	Beef	Pork	Shellfish
Pizza, Cheese, Sm, Thin Crust, Slice	165	1					, ,,	20		8	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, Sm, Whole	1170							156	12		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, XL Whole	3660	1080	126	72	C	420	9240	480	24		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, XL, Slice	305		10.5	6				40	2		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, XL, Thin Crust, Slice	255	5 90	10	6	C			30	2		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Cheese, XL, Thin Crust, Whole	3060		120	72				360	24		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	No	No
Pizza, Pepperoni, GF, Slice	185	5 85	10.5	4.5	C	) 25	630	17	2		7 Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Lg, Slice	315	5 125	12.5	6.5	C	40	810	36	2	15	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Lg, Thin Crust, Slice	275	5 125	12.5	6.5	C	40	760	27	2		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Lg, Thin Crust, Whole	2750	1250	125	65	C	400	7600	270	20		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Lg, Whole	3150	1250	125	65	C	400	8100	360	20		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Lunch Slice	525	187.5	21.75	11.25	C			60	3		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Med, Slice	280			6	C			34	2		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Med, Thin Crust, Slice	240	95	11.5	6	C	35	685	26	2		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Med, Thin Crust, Whole	1920	760	92	48	C	280	5480	208	16		Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Med, Whole	2240	800	92	48	C	280	5800	272	16	104	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Mini, Slice	255	5 95	11	5.5	C	30	620	30	1	12	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Mini, Thin Crust, Slice	225	5 90	10.5	5.5	C	30	585	23	0	11	L Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, mini, Thin Crust, Whole	1800	720	84	44		240	4680	184	0	88	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Mini, Whole	1020	380	44	22	C	120	2480	120	4	48	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Sm Thin Crust, Whole	1170	480	57	27	C	150	3420	120	6	54	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Sm, Slice	225	5 80	10	4.5	C	25	605	26	2	10	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Sm, Thin Crust, Slice	195	5 80	9.5	4.5	C	25	570	20	1	9	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, Sm, Whole	1350	480	60	27	C	150	3630	156	12	60	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, XL Whole	4200	1500	174	90	C	540	11280	480	24	192	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, XL, Slice	350	125	14.5	7.5	C	45	940	40	2	16	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, XL, Slice	350	125	14.5	7.5	C	45	940	40	2	16	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, XL, Thin Crust, Slice	300	125	14	7.5	C	45	880	30	2	15	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Pepperoni, XL, Thin Crust, Whole	3600	1500	168	90	C	540	10560	360	24	180	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Sausage, GF Whole	1230	600	72	30	C	180	4020	102	12	54	Contains Milk.	No	Yes	No
Pizza, Sausage, GF, Slice	205	5 100	12	5	C	30	670	17	2	9	Contains Milk.	No	Yes	No
Pizza, Sausage, Lg, Slice	335	130	13.5	6.5	C	40	820	36	2	16	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Lg, Thin Crust, Slice	295	5 130	13.5	6.5	C	40	770	27	2	14	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Lg, Thin Crust, Whole	2950	1300	135	65	C	400	7700	270	20	140	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Lg, Whole	3350	1300	135	65	С	400	8200	360	20	160	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Lunch Slice	532.5	195	22.5	11.25	С	67.5	1395	60	3	25.5	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Med, Slice	295	5 105	12	6	C	35	740	34	2	14	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No

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	Calories	Calories from Fat		Saturated	Trans Fatty	Cholesterol	Sodium	Carbs	Total Sugars	Protein		Contains		
Menu Item	(kcal)	(kcal)	Fat (g)	Fat (g)	Acid	(mg)	(mg)	(g)	(g)	(g)	Allergen Statement	Beef	Pork	Shellfis
Pizza, Sausage, Med, Thin Crust, Slice	255	100	12	6	C	35	700	26	2	13	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Med, Thin Crust, Whole	2040	800	96	48	C	280	5600	208	16	104	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Med, Whole	2360	840	96	48	C	280	5920	272	16	112	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Mini, Slice	275	105	12	6	C	35	650	30	1	. 14	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Mini, Thin Crust, Slice	245	100	11.5	6	C	35	615	23	0	13	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, mini, Thin Crust, Whole	1960	800	92	48	C	280	4920	184	0	104	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Mini, Whole	1100	420	48	24		140	2600	120	4	56	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Sm Thin Crust, Whole	1290	570	66	30	C	180	3660	120	6	66	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Sm, Slice	245	95	11.5	5	c	30	645	26	2	12	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Sm, Thin Crust, Slice	215	95	11	5	C	30	610	20	1	. 11	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, Sm, Whole	1470	570	69	30	c	180	3870	156	12	72	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, XL Whole	4260	1560	180	90	C	540	11160	480	24	204	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, XL, Slice	355	130	15	7.5	C	45	930	40	2	17	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, XL, Slice	350	125	14.5	7.5	C	45	940	40	2	16	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	Yes	Yes	No
Pizza, Sausage, XL, Thin Crust, Slice	305	130	14.5	7.5	C	45	870	30	2	16	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No
Pizza, Sausage, XL, Thin Crust, Whole	3660	1560	174	90	C	540	10440	360	24	192	Contains Soy, Wheat. May also contain Gluten. Contains Milk.	No	Yes	No